# NNC 2020

12th Nordic Nutrition Conference
JUNE 8–11, 2020 HELSINKI, FINLAND

## Human Nutritional Sciences
### Multidisciplinary Insights and Solutions

It is our pleasure to welcome all human nutrition researchers, clinical dietitians and all other experts to Helsinki to join the NNC 2020 organised by the Finnish Society for Nutrition Research. The Scientific Programme Committee and the Local Organising Committee have composed an interesting and up-to-date scientific program. We'll offer four plenary lectures and 12 review sessions, each including three presentations. The review sessions focus on nutritional physiology, clinical nutrition and public health nutrition. Furthermore, about half of the sessions offer problem-based, multidisciplinary approaches to the most important, topical/actual nutritional and health challenges. We want to bring forth how human nutrition works at its best.

**Mikael Fogelholm**, Professor in Public Health Nutrition, University of Helsinki, President of NNC 2020

**Kirsi Laitinen**, Associate Professor, University of Turku, President of The Finnish Society for Nutrition Research, Vice-president of NNC 2020

Photo: Finlandia Hall / Olli Urpela

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FINNISH SOCIETY FOR NUTRITION RESEARCH

## IMPORTANT DATES

- Abstract submission and conference registration opens December 8, 2019
- Abstract deadline January 8, 2020
- Acceptance of abstracts February 8, 2020
- End of super early registration fee March 8, 2020
- End of early registration fee May 8, 2020
- Late fee after May 8, 2020

nnc2020.fi

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## CONFERENCE TOPICS

- Quality of dietary fat – beyond cardiovascular benefits
- Dietary prevention of type 2 diabetes
- Nutritional management of gastrointestinal diseases
- Diet during pregnancy, infancy and childhood – opportunities for future health
- A changing society and food-related behavior
- Diet and the UN sustainability development goals
- Vitamin D – requirements and public health policies in debate
- Towards alternative protein use – are all proteins equal?
- Diet, microbiota and health
- New Nordic Nutrition Recommendations
- Modern methods for dietary analysis
- Careers and training in nutrition and dietetics

## CONTACT INFORMATION

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